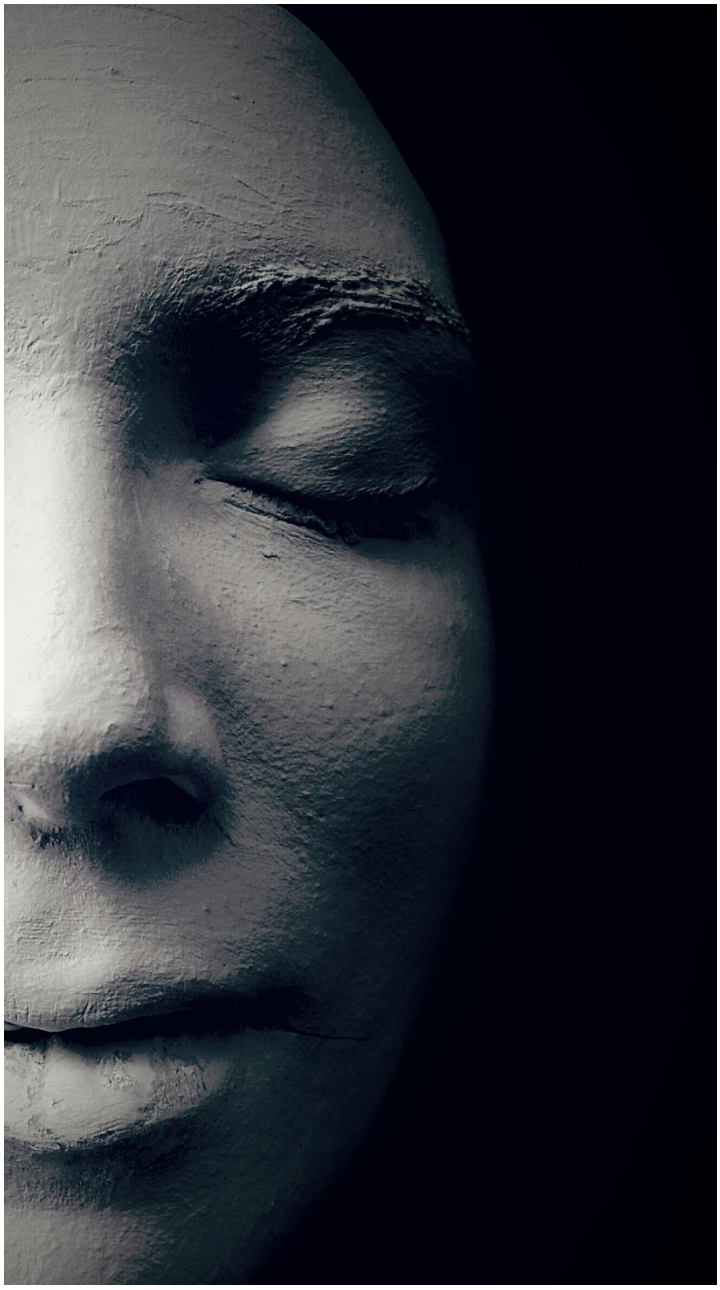
The Association of Slovak Art Therapists

in cooperation with
the Department of Social Work
of the Matej Bel University Banská Bystrica and
Civic organisation Terra Therapeutica

Holds
The Art Therapy Conference

On December 9th 2017

Light and shadow – The Art Therapy in the process of socialization



The expert guarantee of the conference:

prof. PaedDr. Jaroslava Šicková - Fabrici, akad. soch., PhD.

Directions to get there:

Matej Bel University Banská Bystrica,
Faculty of Education, Ružová 13,
Banská Bystrica

THE CONFERENCE GOALS:

- Creating a space for a discussion of experts and exchange practical experiences in their field (artists, social workers, pedagogists, psychologists and members of other assisting professions)
- defining the educational standards and competencies of art therapists in their work with children and adolescents, adults and eldery people
- Strengthening the position of art therapy in Slovakia

SCIENTIFIC GUARANTEES OF THE CONFERENCE:
prof. PaedDr. Jaroslava Šicková - Fabrici, akad. soch., PhD.
prof. PaedDr. Anna Hudecová, PhD.
doc. PhDr. Alžbeta Brozmanová Gregorová, PhD.
doc. PaedDr. Peter Jusko, PhD.
doc. PhDr. Ladislav Vaska, PhD.
PhDr. Katarína Kurčíková, PhD.
PhDr. Michaela Šavrnochová, PhD.
Mgr. Jana Šolcová, PhD.
PhDr. Marek Stachoň, PhD.
PhDr. Peter Papšo, PhD.
Mgr. Zuzana Ťulák Krčmáriková, PhD.

THE COMMITTEE FOR ORGANIZING THE CONFERENCE:

PhDr. Katarína Kurčíková, PhD.
Mgr. Zuzana Ťulák Krčmáriková, PhD.
PhDr. Michaela Šavrnochová, PhD.
Mgr. Jana Šolcová, PhD.
Mgr. Matej Almáši
Mgr. Eva Ďurišová
Mgr. Veronika Klára Endrychová
Mgr. Andrea Geseová
Mgr. Andrea Heribanová
Ing. Lenka Jančíková
Ester Jankovičová
Mgr. Lucia Rusnáková
Mgr. Marika Siekelová
Mgr. Peter Trepáč
Renata Xeničová

THE CONFERENCE PROGRAM:

8:30 – 9:00	Registration of participants
9:00 – 9:15	Opening of the conference
9:15 – 10:15	*prof. PaedDr. Jaroslava Šicková - Fabrici, akad. soch., PhD.* Get Out Of A Shadow
10:15 – 10:30	Break
10:30 – 11:30	*Mgr. Mariana Kováčová, PhD.* Are There Any Specific Signs In The Drawings Of A Child Suffering CAN Syndrome?
11:30 – 12:30	*Mgr. Andrea Orosová, PhD.* When A Word Is Not Enough...
12:30 – 13:30	Lunch break
13:30 – 15:00	1st block of workshops
	Mgr. Zuzana Ťulák Krčmáriková, PhD. The Landscape Of My Body
	Mgr. Evka Ďurišová, Mgr. Lucia Rusnáková Have A Look Into Your Inner Self
	Mgr. Andrea Geseová, PhDr. Katarína Kurčíková, PhD., Miroslav Randuška A Letter With Music Therapy
15:00 – 15:15	Break
15:15 – 16:45	2nd blocks of workshops
	Mgr. Zuzana Ťulák Krčmáriková, PhD. A Landscape Of My Body
	Mgr. Evka Ďurišová, Mgr. Lucia Rusnáková Have A Look Into Your Inner Self
	Mgr. Andrea Geseová, PhDr. Katarína Kurčíková, PhD., Miroslav Randuška A Letter With Music Therapy
16:45 – 17:00	Conclusion and discussion

ANNOTATION OF LECTURE S AND WORKSHOPS:

prof. PaedDr. Jaroslava Šicková - Fabrici, akad. soch, PhD.
Civic organization Terra Therapeutica, Bratislava
Faculty of Education, Comenius University in Bratislava

Get Out Of A Shadow

In this presentation the phenomenon of shadow in art and psychotherapy, but mainly in Art Therapy will be presented. One of the SEEA art therapeutic technique created by the author named Three Figures and their shadow will be introduced, not only its use in individual art therapy but also participate in the creation of art therapy as such. The author defines the three "shadows" of art therapy and the possibilities of their integration into the humanitarians' sciences in Slovakia.

Mgr. Mariana Kováčová, PhD.
Centrum Slniečko, n. o., Nitra

Are There Any Specific Signs In The Drawings Of A Child Suffering CAN Syndrome?

The aim of the presentation is to highlight the key role of an early identification of a children suffering CAN syndrome not only with the child's manifestations and its surroundings, but also with the specific signs found in child's drawings, which can be brought to the attention of experts and practitioners - teachers, doctors, and workers, but also laymen, that the child is traumatized with a possibility of a present violence. The results of quantitative research focused on the occurrence of specific signs in the drawings of children with CAN syndrome will be presented. An important part of the contribution will be the implementation of the findings into practice.

Mgr. Andrea Orosová, PhD.
Department of Psychiatry, University Hospital L. Pasteur Košice
Pavel Jozef Šafárik University in Košice, Faculty of Medicine

A When A Word Is Not Enough…

The Art therapy at psychiatry departments is often the only way of creating a therapeutic relationship. Subjective survival of a patient is basically changed by pathological processes, he does not recognize himself, and can no longer rely on behavioral patterns that are still functioning. There will be a feeling of distrust or, on the contrary, excessive trust and honesty to a staff at a psychiatry department leading to dependency on them. At that moment the art expression becomes the most objective expression of experiencing one´s inner self.

Mgr. Zuzana Ťulák Krčmáriková, PhD.
The Center for Research on Social Work and Medical Pedagogy, Bratislava

The Landscape Of My Body
The technique focuses on the perception of one's own body and the relationship between our body, inner self-livelihood, and resources for handling stress situations. It also focuses on the awareness of the relationship between body resistance and psychological resistance.

Mgr. Evka Ďurišová
The Aauthor of the concept Health Harmony.eu
Mgr. Lucia Rusnáková
The Autistic Center Andreas, Bratislava

Have A Look Into Your Inner Self
A Tasting of a technique that gives space for inner self-awareness, reflection of one´s perceptions, the deepest motives, a processing of situations and impulses in one´s own life. Everyone can take a visible piece of himself and thus continue to interpret in peace and in a space that is most pleasant to him.

Mgr. Andrea Geseová
The Secondary Trade School In Hlohovec
PhDr. Katarína Kurčíková, PhD.
Department of Social Work of the Matej Bel University Banská Bystrica,
Miroslav Randuška
Drumbla, n. o., Zvolen

A Letter With Music Therapy
Creative writing of poems during music therapy also for those who do not know how to write poems.

ORGANIZATIONAL INFORMATION:

Deadline for submission and payment for the conference attendance fee: **Nov. 30th, 2017**

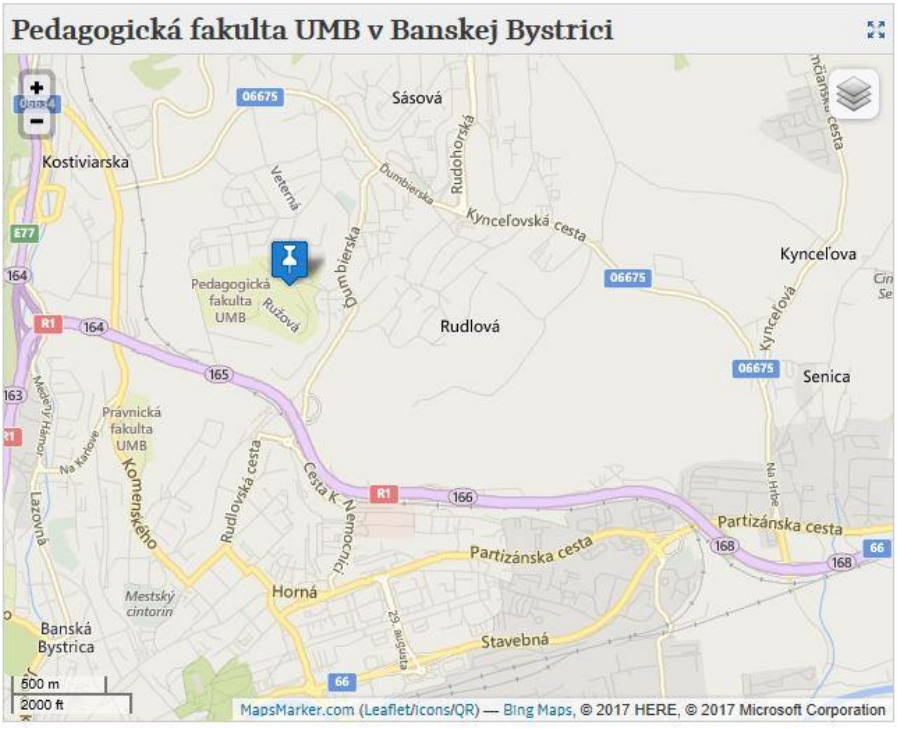
Conference attendance fee: **35 €**
Student participation fee: **15 €**
Please, pay the subscription fee to following bank account no later than December 2nd, 2017:
Fio bank: **2501228264/8330**
IBAN: **SK3083300000002501228264**
Variable symbol**: 012017**
Note: **your name and surname**.
We will send you a confirmation e-mail about the receipt for the payment.
The fee includes small snacks during breaks and a certificate for your attendance. Your application for a conference will be finally accepted only after the registration fee is paid.

ACCOMPANING EVENTS:

- Sales of professional literature (Artforum stand)
- Small refreshments will be available during the conference

INFORMATION ABOUT THE PLACE AND REGISTRATION:

- Registration of participants (8:30-9:00) Matej Bel University Banská Bystrica, Faculty of Education, Ružová 13, BanskáBystrica.
- The exact location of the Matej Bel University, Faculty of Education in Banská Bystrica can be found on the map in the contact section.
- There is a limited number of parking places in the faculty, so you may need to park in the surroundings.
- You can approach to the Faculty of Education, Matej Bel University, by public transport no. 20, 21, 22, 23, 80 and their timetables can be found at www.imhd.sk/bb. The stop is called "Rádcestie Rudlová".
- Due to the limitations of public transport on the week-ends, you can also use some of the taxi services (e.g. Express Taxi: 18 111, 0902 410 041 or VIP Taxi: 0800 500 123).
- GPS Coordinates: N 48.751414165 E 19.15563941.

Contacts: ***konferencia.asa@gmail.com***

Matej Bel University Banská Bystrica, Faculty of Education, Ružová 13, 974 11 Banská Bystrica